

# Josephs

*dreams...dreams...dreams...*

NEWSLETTER  
of JOSEPHS...Programs for Seniors

Vol. 2, No. 2  
October, 1985

## WE ARE GROWING!!

This age of technology and nuclear power has brought about a new consciousness and desire for interior growth in spirituality --a growth and integration of 'being and reality'. It has surfaced an expressed need, among Christians, for a deeper prayer life, understanding of scripture, and knowledge of the theology of God.

Our goal here at JOSEPHS is to give a service that will support and enlighten each person's journey in and toward God.

We have plans for providing programs in scripture, spirituality, morality, church history and other related topics. We hope to have some retreat and prayer days, and envision workshops for personal enrichment.

You are encouraged to give us your own suggestions for future programs so that we will be able to fulfill your needs and desires.

We all feel the need for spiritual direction or counseling at times during our lives, in order to clarify and continue our growth in our relationship with God and to strengthen and make continued progress in our personal prayer life.

If I can be of help to you in personal spiritual direction I will be available at JOSEPHS to persons who would like such consultation or ongoing direction. I can be reached at 652-0566 for an appointment Tuesday through Friday morning.

by Sister Leone Laporte



## CAREGIVERS

### Financial Contributors

From May 1 to September 30, 1985

Myrle Kirk	Al and Bev Phelps
Martha Geise	Linda Colestock
Helen Young	June McRedmond
Helen Barber	Irene Langenberg
Ruth Hobert	Anna Manning
Leona Stephens	Gladys Browne
Claire Conway	H.K. Guthrie
Al and Helen Goelz	

### VOLUNTEER HOURS GRAND TOTAL

7971 HOURS

### CAREGIVER BEYOND THE CALL OF DUTY

A special thank you for CAREGIVER Marie Thomas is in order. Marie, a registered nurse, weekly visits Ellen to exercise her legs. Last month, Marie injured her foot in a soccer game and was on crutches. Despite her misfortune, Marie did not miss her weekly appointment with Ellen, and at last report both were doing well.

by Leon Supernant

My dear Sister Veronica,

Just a note to thank you for finding such a lovely person to read to Anna. We look forward to her coming every Monday. Anna wants me to send you a small check to help with your expenses.

Sincerely,

Helen Thompson

Note: "the lovely person" is Volunteer Helen Lewiston S.V.

## WHAT'S HAPPENING

Since May we have bid farewell to some of our very dedicated Volunteers: Joe McKenzie, Bill Dover, Rev. Steve Lacey, Lyle and Candy Harris. Thank you for the many hours that you ministered to your neighbor. We pray that God will watch over you in your endeavors.

The WELCOME MAT has smiled at many new Volunteers! Marie Thomas, nurse; Beth Walsh, mother; Ellen Dick, retired nurse; Kathy Murphy, homemaker; Suzee Hayes, student; Alice Bunt, retiree; Annette Berube, foreign service; Bob Barnum, musician; Sharon Murphy, student; Rita Marshall, Ph.D, nursing education; Vickey Michelson, business woman; Rose Chacon, teacher; Helen Lewiston, retiree; Virginia Jillson, friendly neighbor; Esther Colter, technician; Margaret Russell, driver; Carol Basralian, homemaker; Mickey Plumer, transportation; Beth Dunn, student. Thank you for lending CAREGIVERS your heart and your hands.

Not only is our support meeting scheduled for October 16 (7-9 p.m.) but it will be the occasion for the awarding of our new pins to the first Volunteers who have accumulated 200 hours of service. Included on the agenda will be our premiere showing of the CAREGIVERS slide show. We hope to see many Volunteers and the persons they serve attending this very special meeting.

Over six months ago, I promised Joe a ramp down three steps so that he could get outside in his wheelchair. Plans were made, but they went awry. Can you build a ramp for Joe?

*Sister Veronica*

## A Standing Ovation

Three Volunteers deserve standing ovation for their services:

Margaret Hodgson  
Mary Jo Davy  
Bud Koch

Each one of these have given more than 200 hours of Volunteer service to **CAREGIVERS** Program. They will be the first to receive our pin. This pin, designed by Sister Jean, has the **CAREGIVERS'** symbol of the hand supporting a shoot representing life. To enhance the quality of life of those we serve is the goal that these and all of our Volunteers are achieving.

Wednesday, October 16, is a night to express our appreciation to the Volunteers who have accumulated hours of service.

### Congratulations to:

Claudette York  
LuNeal Hailey  
Beth Walsh  
Ellen Dick  
for 50 hours and more!

Al Phelps  
for 100 hours and more!

Eva Berry  
Jack Bowen  
for 150 hours and more!

Mary Jo Davy  
Bud Koch  
Margaret Hodgson  
for 200 hours and more!

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NOTARY PUBLIC notary services available, Julie will go into the home...call (805) 373-2314.

## Committee Members

The **CAREGIVERS** Board of Directors is in need of more woman/man power. Their established committees are:

- 1) Planning Committee
- 2) Fund-raising Committee
- 3) Public Relations Committee

Committee meetings are held monthly. If each committee could be enlarged by two or three members, their annual goals could be effortlessly realized. Another essential expert sought by the Board is a C.P.A. If you qualify or if you could recommend someone who does, please call the office (652-0566) and we will initiate the Board contact for you.

## Neighbors' Needs

- 1) Blind woman, 82, lives alone near Ventura Avenue. Needs someone to read her mail.
- 2) Husband 92, wife 88. Both are homebound. Need grocery shopping. Light laundry too. Live mid town.
- 3) Daughter 68 is going blind. She needs help with personal care for her 105 year old mother, once a week. East Ventura.
- 4) 65 year old woman, poor health. Has sever limitations. Needs a cheery smile and friendly visitor. East Ventura.

## Paul, Sister Rose, and S.S.S.

Since September 11, a mixed group gathers on Wednesday evenings at JOSEPHS for Sacred Scripture Study presented by Sister Rose Cecilia Harrington, C.S.J. The study is to learn about "Paul, Man for our Times." Certainly, Paul is a man for all seasons.

Sister Rose is well-qualified to give this second-of-a-series in adult Bible study classes. She knows her subject inside out, and in the introduction to Paul, touched on many interesting facets of the man, his story, and his personality. To illustrate, Sister Rose asked the provocative question: "Did Paul know Jesus?" Her reply was equally stimulating.

The evening begins with an awareness of the marvelous view and magnificent sunsets as observed from the meeting room and talking with people present, before moving to the loosely-structured class. Sister Rose opens with music, prayer, a reading from Scripture, and then lectures of the specific class topic. There is ample time for questions and comments. The evening closes with prayer, Scripture reading, reflection and song. It is truly a spiritual experience.

Interestingly, the October 1985 Liguorian carries an article stating in part: "it's sad when Catholics hungry for God's Word attend Bible studies sponsored by other Christian denominations." Although I agree with this statement, having attended the Bible Study Fellowship for five years, I am glad to be a part of Sacred Scripture Study at JOSEPHS. It is satisfying to attend Bible study from the Catholic viewpoint, and I welcome the opportunity to continue in SSS.

by Rosemary Rooney

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### WE INVITE YOU

- .to inquire about our CAREGIVER slide show now available for group showings.
- .to become a Committee Member as an extension of our CARE-GIVERS board and support the program with your expertise.







Pictured above is Jack Wunderlich practicing recording a tape for us. He was never able to complete the project, but Jack did give us more than a finished tape. He shared with us a genuine interest in the needs of his neighbor, a great willingness to help our programs in any way, and a light-hearted view of life. Jack, we pray that in your new life you will continue to share with us.

\* Star light, Star bright, \*  
\* I wish for JOSEPHS \* \* \*

Simple good camera to be used for black and white news shots.  
Slide carousel projector and tape recorder with good volume.

## Josephs programs for seniors

### In Memory of Jack Wunderlich

Myra & Ronald Bank	Ed & Ires N. Sutton
Marvi & Fran Johnson	Francis Di Nucci
Mrs. Le Rhiasime & Elaine	Duanne K. Ryan
Ken & Helga Pynounen	Dorothy A. Caputo
Mr. & Mrs. L.H. Korman	Helen-Faithe Dugan
Tom & Betty Christy	Carmela D. Smith
Mr. & Mrs. Ray Lincoln	Aimee L. Woodling
Lorraine & Giovini Di Nucci	Sue C. Mardis
Arthur & Clea Ann Saindon	Harold Skoog
Mr. & Mrs. Matthew Susselman	Kathryn Bell
Mr. & Mrs. James Barrett	Charlotte Spring
Charles & Rose Marshall	Adele Marietta
Anthony & Stephanie Furmo	Colleen Barber
	Josephine & James Di Nucci

### Special Thank You to...

Helen Jolly	Norman Martin
Mr. & Mrs. J. L. Harris	
Knights of Columbus, Ventura Council 2498	

### Financial Contributors

May through September, 1985

Bill White	Al & Bev Phelps
Sally FitzGerald	Evelyn Thomas
Rosemary Rooney	Hazel Anderson
Dolores Herrig	Phil Francisco
Roberta Fawcett	Dolores Acosta

### Material Contributors

May through September, 1985

Norman Martin	Sally & Tom FitzGerald
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## ... AN OASIS IN THE CITY OF THE ANGELS ...

Mount St. Mary's College  
at the Chalon Campus  
and Doheny Campus  
in Los Angeles

This summer MOUNT ST. MARY'S COLLEGE had its first weeks of Elderhostel at their DOHENY and CHALON CAMPUSES. The participants experienced "an oasis in the city of Los Angeles" at the Doheny Campus. With Dr. Jane Lingua, learning herbs became a pleasurable adventure, "a landmark experience in my life" and my "first intensive at which I felt ready to learn and was not disappointed."

The Chalon Campus with its three courses of Creative Autobiography, Calligraphy: the Art of Beautiful Writing, and What Was That Message Again?, turned out to be "far beyond our expectations along with the camaraderie and that beautiful setting on a high hill." As one of Sister Mary Frederick's students commented, "I really learned how difficult it is to put yourself in the other person's shoes."

But what is the Elderhostel program really about? Well, as the participants say, "we have been lifted up intellectually and spiritually." It is "this kind of experience that feeds the soul."



## Notes from the Director

After a quiet yet busy summer the programs at the Center are beginning to again pick up momentum.

It is with sincere gratitude that I would like to introduce Sister Leone Laporte, a Sister of St. Joseph who joined the JOSEPHS staff on September 1st. She comes to us from San Diego where she was doing retreat work and spiritual direction. Sister has had extensive training and experience in both these fields. She has studied Scripture at St. John University, Colledgeville; Christian Spirituality at Creighton University; and her internship in retreat work and spiritual direction was done at Colombiere Center for Spirituality. We welcome Sister Leone to JOSEPHS.

Another very important person who has joined our supporting staff along with Lori Enders our secretary, is Jerry O'Neill. Jerry is principally involved with maintenance and makes our facility a pleasant place for both staff and guests. These two persons are invaluable to the implementation of our program.

Records sent to us from Fordham University, who is conducting a study of the twenty-five Interfaith Caregivers Projects, give some interesting highlights about our project for both Persons Served Volunteers:



## PERSONS SERVED

- Over 77% are 65+
- Greatest service needs:
  - . 84% transportation
  - . 82% home maintenance
  - . 79% social contacts
  - . 52% personal care
  - . 38% live alone
  - . 35% live only with spouse
- Approximately half are receiving services from agencies or family.
- Majority (77%) receive ongoing service while others are one time only

## VOLUNTEERS

- Predominate age is 40-59 and 65-74
- 75% are women
- At least two different services are provided for each person with shopping, transportation, friendly visiting and program support predominant
- 71% are from Catholic congregations
- 48% give on-going services to a particular person; the others, one time service

The CAREGIVERS is a religious network that attempts to make a difference in the Ventura community. You are invited to participate.

*Sister Patricia Callahan*  
OSU

## Pot Pourri

WINNER of our cabbage patch doll with hand made outfit was Cindy Lafferty.

MAILING LIST send your name or a friends name if you wish to receive our news letter and bulletins.

JOB OPPORTUNITIES for low income persons under Title V, flexible schedule, minimum wage, 20 hours per week, 55 years of older, outreach position, driving required.

**Josephs** programs  
for seniors  
Co-Directors

Sister Patricia Callahan, CSJ  
Sister Veronica Maloney, CSJ

**PROGRAMS FOR SENIORS . . .**

- . provide cultural experiences
- . deepen spiritual values
- . develop latent artistic skills
- . offer educational enrichment through Elderhostel
- . enhance daily living

**A ministry of the  
Sisters of St. Joseph of Carondelet**

Contributions, memorials or in-kind donations can be made to **JOSEPHS** and are tax-deductible.

Send to: **JOSEPHS**  
261 North Catalina  
Ventura, CA 93001

**VOLUNTEER CAREGIVERS . . .**

- . reach out to the frail elderly/handicapped
- . seek the isolated individual
- . support the family caregiver
- . link the needy with community resources
- . train volunteers in basic caregiving skills

**A ministry of the  
Buenaventura Interfaith Coalition**

**Funding Sources:**

The Robert Wood Johnson Foundation  
The Sisters of St. Joseph of Carondelet  
Individual Donations  
Community Contributions

Contributions, memorials or in-kind donations can be made to **VOLUNTEER CAREGIVERS** and are tax-deductible.

Send to: **VOLUNTEER CAREGIVERS**  
261 North Catalina  
Ventura, CA 93001

Sisters of St. Joseph in California  
Sisters of St. Joseph of Carondelet  
**JOSEPHS—Programs for Seniors**  
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